



Booth Centre

Practical Support Information Sheet 1

Manchester City Council / Manchester Central Food Bank

Local Helpline: Please call 0800 234 6123 to speak to Manchester City Council's Community Response Hub who will be able to issue you with a food bank voucher if necessary.

National Helpline: If you are in financial crisis and live in England or Wales, please call our free national helpline, Help through Hardship, on **0808 2082138** for free (open Monday to Friday, 9am-5pm, closed on public holidays) to talk confidentially with a trained Citizens Advice adviser. They can help address your crises and provide support to maximise your income, help you navigate the benefits system, and identify any additional grants you could be entitled to. If needed, they'll issue you with a voucher so you can get an emergency food parcel from your local food bank.

Mustard Tree

110 Oldham Road, Ancoats, Manchester M4 6AG
0161 850 2282

Open Monday - Saturday 10am-2pm.

Saturdays are for Food Club only.

- Food Club is still available.
- Membership discounts of 25% off furniture.
- Credit to use on clothing may be available to you - check with a member of the Mustard Tree team.

Cornerstone

104B Denmark Rd, Manchester M15
6JS

0161 232 8888.

Cornerstone provide a one-way system through the Day Centre, offering hot and cold takeaway food for people sleeping rough. Showers are available. Advice and information is by appointment only.

Open from 12pm til 1.30pm Monday to Friday.

Barnabus

Beacon Support Centre: 45 Bloom Street, M1 3LY
0161 237 3223

Monday to Thursday:

7.30am - 8.30am Breakfast

9am - 12pm Accommodation and benefits support and other referrals plus showers and food.

Closed on Friday

The Beacon Support Centre will prioritize people who have no accommodation.

If you are in accommodation and need help, please see the Case worker team by appointment at the Barnabus Office at 61 Bloom St (entrance via back door).

Coffee 4 Craig

Unit 5, 153 Great Ducie Street M3 1FB

- Monday to Friday 6pm-8pm
- Saturday 5-7pm
- Sunday 5pm-7pm

Advice, signposting, crisis intervention, hot food, emergency provisions and medical support.



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Practical Support Information Sheet 2

Loaves & Fishes Salford

1 Paddington Close, Salford
M6 5PL
0161 737 8775

Monday to Friday 10am-2pm.
Offering support to limited numbers.
Can eat in or take away food.

Central Library

Opening hours:

- Monday to Thursday 9am to 8pm
- Friday and Saturday 9am to 5pm

Choose and borrow books.

You can use the computers; however, the number of computers available is reduced due to social distancing, with a time limit of one hour per person. You can use the Wi-Fi from the library's Reading Room.

Audacious Church Trinity Way, Manchester, Salford M3 7BD

Audacious A-Teams are a team of people that help and reach out to the homeless and the vulnerable in Manchester City Centre, Monday to Saturday. Hot takeaway food on Monday and Wednesday 1pm-3pm. Please contact them directly at info@audaciousfoundation.com or 0161 830 7002 to discuss what support is required.

In Link

You can make free phone calls, charge your phone and use the Wi-Fi at the Inlink kiosks.

- Locations include:
- St Ann's Square - outside Starbucks
 - King Street - outside Pall Mall Court
 - 59 Oldham Street - Outside Carhartt
 - Portland Street – outside Sangam
 - Portland Street - outside Novotel/Sangam
 - Whitworth Street by Deansgate Station
 - There are 6 around Piccadilly Gardens.

